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Dear Parents and Carers,

We would like to invite you to attend an **Oral Health Workshop** taking place on **Monday 19th January at 2.30pm in the school hall.**

The workshop will be led by **Adele Francois**, an **Oral Health Promoter and Educator for Ealing**, who will share valuable information and practical advice on how to support your child's oral health. Topics will include tooth brushing routines, healthy eating choices, preventing tooth decay, and the importance of regular dental check-ups.

Good oral health plays a vital role in children's overall wellbeing, confidence, and ability to learn. By attending this workshop, you will gain useful knowledge and strategies that you can easily apply at home to help your child develop lifelong healthy habits.

**We strongly encourage all parents and carers to attend, as working together between home and school is key to ensuring the best outcomes for our children.**

We look forward to welcoming you and hope you will be able to join us.

Yours sincerely,

Mrs S Gissing

**SENCO**