

Monday 19th February 2024
First Week in Lent



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Birth of Jesus



Presentation in the Temple



(Candlemas 40 days after the Birth of Jesus) (Beginning of Holy Week)



Palm Sunday

Good Friday



Advent



Epiphany

Ash Wednesday



(Lent begins and occurs 40 days before Good Friday)



Holy Thursday (Maundy Thursday) Triduum



Holy Saturday (Easter Vigil)

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We hear God's Word

A reading from the Gospel of St Mark

At once the Spirit made Jesus go into the desert, where he stayed for forty days, being tempted by Satan. Wild animals were there also, but angels came and helped him. After John had been put in prison, Jesus went to Galilee and preached the Good News from God. 'The right time has come,' he said, 'and the Kingdom of God is near! Turn away from your sins and believe the Good News!'

The Gospel of the Lord

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We respond

The response to 'Lord in your mercy' is Hear our prayer

We pray that we might grow closer to you Lord, this Lent. May we do our best to spend more time with you in stillness, silence and prayer; so we can feel your peace and love and share these gifts with others.
Lord in your mercy.

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We respond

The response to 'Lord in your mercy' is Hear our prayer

We pray for those who feel afraid. Protect them as you protected Jesus in the desert and send angels into their lives to help them find peace.

Lord in your mercy.

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We respond

The response to 'Lord in your mercy' is Hear our prayer

We pray for the children overseas: those who are poor, hungry, sad or scared. May they find hope in your love and may we always be ready to help them.

Lord in your mercy.

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Reflection



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Prayer for the First Sunday of Lent

God of the desert,
Fill our hungry hearts
With faith in you.

When we feel alone,
Help us see you there with us.

Give us the courage to cry out to you.

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Do not
be afraid

