



St Anselm's RC Primary School PE Policy

Year 22/23

School Mission Statement: "In God's love we live, learn and grow."

School Values:

1. **Be honest.**
2. **Always try your best.**
3. **Be kind.**

Respect everyone.

Introduction

At St Anselm's RC Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education (PE). At our school, we promote "success for all" regardless of ability. Through PE, we provide the infrastructure for our pupils to become physically literate, build confidence and offer a comprehensive PE curriculum. We teach children to always try our best, be honest, be kind and respect all.

Intent

At St Anselm's, we provide a comprehensive range of competitive opportunities for all pupils. Through this, we teach children how to cooperate and collaborate effectively as part of a team and compete appropriately against others; living out our school values of **trying your best, being kind, respecting everyone and being honest.**

We use PE to support pupil's general health, fitness and mental wellbeing. We use PE to give children ample opportunity to express themselves through a variety of mediums. We provide opportunities for all children to be physically active for sustained periods of time and we teach children the importance of leading healthy, active lives and making informed and appropriate lifestyle choices.

Swimming is an important life skill and we aspire for all children to leave primary school being able to swim at least 25 metres.

Implementation

PE at St Anselm's RC Primary School provides a varied, exciting, challenging curriculum through enjoyable learning covering a range of sporting activities including; Invasion Games, Mixed tactics games, Net & Wall Games, Strike and Field Games, Gymnastics, Dance, Outdoor & Adventure Activities and Swimming.

We are proud to offer our children two hours of PE per week from reception to year six.

One hour is taught by a qualified PE specialist while the other is delivered by the class teacher. This enables our children to develop and hone their skills in a variety of contexts.

This focus on PE in the school results in more confident teachers at delivering a range of exciting and focused activities.

In order to improve swimming abilities for our pupils, we provide Y4, 5 and 6 children with a term of swimming per academic year. Our belief is that regular repetition over time should increase in greater outcomes for our children.

The Long Term PE Curriculum Overview sets out the PE Units/Activities, which are to be taught each half term throughout the year, and ensures that the requirements of the National Curriculum are fully met.

We use a scheme of Learning from Get Set for PE to ensure planning, content, delivery and consistency. We are able to monitor progression over time through pupil assessment and identify needs for our children and develop appropriate interventions.

Our curriculum is inclusive and provides opportunities for children of all abilities. High expectations are expected of all our children, including those with SEND, and appropriate scaffolding is provided in order for them to meet the required objectives.

At St Anselm's, we offer six after-school clubs for our students free of charge covering a wide range of activities. We believe that children should find their passion and providing this wide range of activities means all children can, regardless of social barriers. In addition, we provide a sports coach at lunchtime to provide a range of activities daily.

Twice termly, we offer our pupils offer enrichment opportunities working with local sports clubs in the area. In addition, we work with Sports for Champions to bring professional athletes to the school to run activities and provide insight into elite sportsperson's lives.

We work in collaboration with Featherstone SSP to provide wide-ranging opportunities for children to represent the school in sporting competitions. All children have a chance to represent the school due to a selection of events: ranging from SEND events, PP events, girl's events, hybrid and virtual events. This means that all children get to experience the pride of representing their school and builds their confidence. We have a community system and all children participate in intra community sports competitions termly.

Impact

At St Anselm's Primary School, we ensure that our PE curriculum is inclusive and progressive and allows all children the opportunity to acquire and develop fundamental knowledge, understanding, skills and techniques and apply these to a wide variety of different sports and activities. PE lessons are fun, enjoyable and challenging and all children can achieve, to the best of their ability, in a supportive, safe and stimulating environment. Our pupils are physically active, and this has a positive impact on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of regular exercise and activity for their physical and mental wellbeing. We aspire for all children to enjoy PE and develop a love of sport and physical activity, which hopefully becomes part of their future life outside of Primary School. Children have opportunities to participate in sport after school can also represent the school at sporting events from local to county level. In PE, we also measure impact by:

- Regular learning walks
- Pupil questionnaires once per year
- PE Premium spend analysis
- Analysis of participation at after school clubs and LSSP competitions
- Assessment data
- Photo records of children's practical work