



# St. Anselm's Primary School

From Lent to Easter R.E Directory  
Branch 4: From Desert to Garden  
Linking School, Parish and Home



## Religious Education:

This resource is intended as the second for the Spring Term in the academic year 2022/2023. The season of Lent prepares us for Easter, in which we remember the most basic belief of our Christian faith: the resurrection of Jesus, the Christ. Although Easter Sunday is not taught in this framework, the season of Lent and events that lead

This framework explores the Season of Lent and the events of Palm Sunday, Holy Week and Good Friday, as we find them in the Gospel of Matthew and the liturgy of the Church. It teaches pupils about the 3 acts of piety practiced during Lent; giving alms, fasting and prayer, taught by Jesus in the Sermon on the Mount. In studying the liturgies of Palm Sunday and Holy Thursday pupils will focus on key actions of waving palms, breaking bread, and washing of the feet and veneration of the Cross.

## Attitudes and Spiritual Dispositions

It is hoped that this framework helps pupils develop:

- An openness to the story of the Passion of Jesus
- An appreciation of the liturgy (especially of the major actions of Palm Sunday, Holy Thursday and Good Friday) in deepening a relationship with God
- Reflectiveness in prayer

## Activities to try at home

You are the first educator of your child in faith. Your child about what they are learning about:

- Lent begins on Ash Wednesday. Talk with your children about the ways in which your family lives the Lenten practises of giving alms (giving to charity especially), prayer and fasting.
  - Give alms: collect for a charity-food, clothing or money.
  - Pray: In the last framework pupils learned the Our Father. Pray prayers of thanks recognising that we have what we need: food, safety, people who love us.
  - Fast: Make an area of 'fasting' your goal: 'fast' on criticism, intolerance, greed and gossip this Lent. Remember the Bishops requirement for fasting and abstinence for those between 18 and 60.

## An idea for prayer at home—Prayer Activity:



Loving God,

As we begin and journey through the season of Lent, help us to be thoughtful about how we are living. Make our actions more reflective of you and your love for us so that we might come closer to you and be ready to celebrate your resurrection at Easter.

We ask this through Jesus Christ our friend and companion.

Amen.