

## Prayer of St Anselm

O Lord my God.  
Teach my heart this day  
where and how to find you.  
You have made me and re-made me,  
and you have bestowed on me  
all the good things I possess,  
and still I do not know you.  
I have not yet done  
that for which I was made.  
Teach me to seek you,  
for I cannot seek you unless you teach me,  
or find you unless you show yourself to me.  
Let me seek you in my desire;  
let me desire you in my seeking.  
Let me find you by loving you;  
let me love you when I find you.  
Amen.

